



Get fit for a career in **Sports Coaching**

NextStep >>>
Pre-Apprenticeship qualifications for school leavers

Active IQ Level 3 Diploma In Coaching Sports

A **1 year study programme** aimed at 16-18 year olds interested in a career in **Sports Coaching**

Course starts **week commencing 5th September 2022**

Courses cover...

- | Planning multisport activity session
- | Coaching multisport activity sessions
- | Working with children and young people in a coaching environment
- | Principles of fundamental movement and sports skill
- | Principles of anatomy, physiology and fitness
- | Health and safety for coaching in different environments

For further information call 01362 850983
or email enquiries@poultec.co.uk

