



Get fit for a career in **Sports Coaching**

NextStep >>>
Pre-Apprenticeship qualifications for school leavers

Active iQ *Level 3 Diploma In Coaching Sports*

A **1 year study programme**
aimed at 16-18 year olds interested
in a career in **Sports Coaching**

Course starts **week commencing**
6th September 2021

Courses cover...

- | Planning multisport activity session
- | Coaching multisport activity sessions
- | Working with children and young people in a coaching environment
- | Principles of fundamental movement and sports skill
- | Principles of anatomy, physiology and fitness
- | Health and safety for coaching in different environments

For further information call 01362 850983
or email enquiries@poultec.co.uk

