



Get fit for a career in **Sport & Fitness**

NextStep >>>
Pre-Apprenticeship qualifications for school leavers

YMCA Awards Level 2 Certificate in Instructing Fitness

A **one-year course** aimed at 16-18 year olds interested in a career in **Sport & Fitness instruction**. Courses start on 10th September 2018 and are delivered on **Mondays & Wednesdays 9:30am-4pm**.

Courses cover...

- | Anatomy and Physiology for Exercise
- | Health, Safety and Welfare in a Fitness Environment
- | Principles of Exercise Fitness and Health
- | Know How to Support Clients Who Take Part in Exercise and Physical Activity
- | Planning Gym-Based Exercise
- | Instructing Gym-Based Exercise
- | English & Maths
- | Employability Skills

For further information call 01362 850983
or email enquiries@poultec.co.uk





Get set up for a career in
BARBERING

NextStep
Pre-Apprenticeship qualifications for school leavers

City & Guilds Level 2 NVQ Diploma in
Barbering

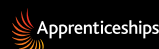
A **1 year study programme** aimed at 16-18 year olds interested in a career in Barbering.

Course starts on **10th September 2018** and is delivered on **Mondays & Tuesdays, 9:30am-4:30pm.**

Course covers...

- | Cut facial hair to shape
- | Cut men's hair using basic techniques
- | Advise and consult with clients
- | Assist with shaving services
- | Dry and finish men's hair
- | Create basic outlines and detailing in hair
- | Fulfil salon reception duties

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or email enquiries@poultec.co.uk*



Kick start a career in

ENGINEERING

Engineering

NextStep
Pre-Apprenticeship qualifications for school leavers

City & Guilds Level 1 NVQ Diploma in

Performing Engineering Operations

A **1 year study programme** aimed at 16-18 year olds interested in a career in Engineering.

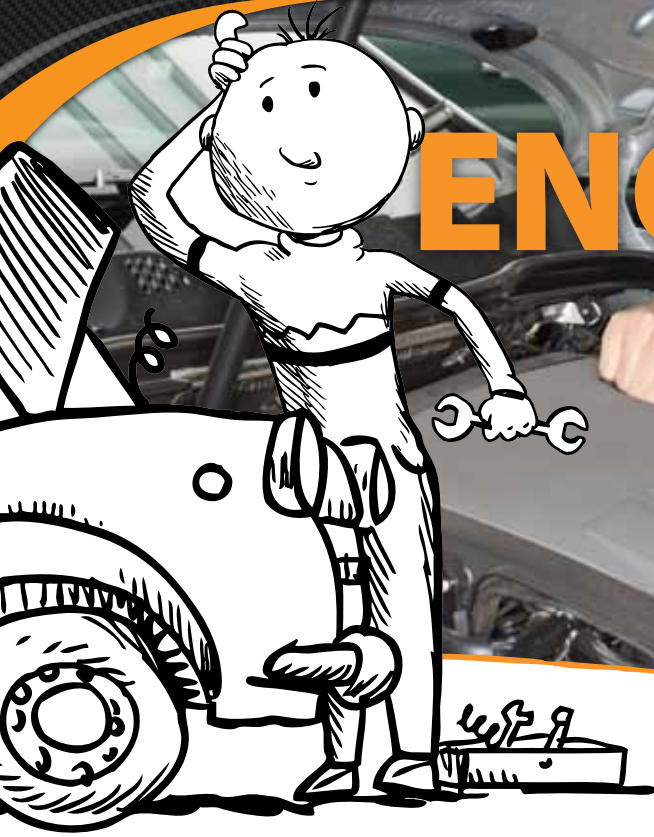
Course starts on **10th September 2018** and is delivered on **Mondays & Tuesdays, 9am-4pm**

Course covers...

- | Preparing & using lathes
- | Producing mechanical assemblies
- | Producing composite assemblies
- | Stripping & rebuilding motorsport vehicles
- | General fabrication & welding applications
- | Using & communicating technical information

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Kick start a career in

ENGINEERING

Engineering

NextStep
Pre-Apprenticeship qualifications for school leavers

City & Guilds Level 2 NVQ Diploma in

Performing Engineering Operations

A **1 year study programme** aimed at 16-18 year olds interested in a career in Engineering.

Course starts on **10th September 2018** and is delivered on **Wednesdays & Thursdays, 9am-4pm**

Course covers...

- | Preparing & using lathes
- | Producing mechanical assemblies
- | Producing composite assemblies
- | Stripping & rebuilding motorsport vehicles
- | General fabrication & welding applications
- | Using & communicating technical information

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Get well groomed for a career in **Horse Care**

NextStep >>>
Pre-Apprenticeship qualifications for school leavers

City and Guilds Level 1 Award, Certificate and Diploma in Work Based Horse Care

A **1 year course** aimed at 16-18 year olds interested in a **career with horses.**

Courses start on 10th September 2018 and are delivered on **Mondays and Wednesdays 9.30am-4pm.**

Courses cover...

- | Feeding and watering horses
- | Grooming and washing
- | Cleaning stables and yards
- | Putting on, taking off and cleaning tack
- | Putting on and taking off rugs
- | Catching and leading horses
- | Team working
- | Health and safety
- | English and maths
- | Employability skills

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Get well groomed for a career in **Horse Care**

NextStep >>>
Pre-Apprenticeship qualifications for school leavers

City and Guilds Level 2 Work Based Diploma in Horse Care

A **1 year hands on course** aimed at 16-18 year olds interested in a **career with horses.**

Courses start on 10th September 2018 and are delivered on **Mondays and Wednesdays 9.30am-4pm.**

Courses cover...

- | General yard duties
- | Feeding and watering
- | Health and well-being of horses
- | Developing personal performance
- | Tacking up and fitting equipment
- | Plaiting and trimming
- | Lungeing horses
- | Loading and unloading horses
- | English and maths
- | Employability skills

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Get set up for a career in
HAIRDRESSING

NextStep >>>
Pre-Apprenticeship qualifications for school leavers

City & Guilds Level 2 NVQ Diploma in
Hairdressing

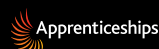
A **1 year study programme** aimed at 16-18 year olds interested in a career in hairdressing.

Course starts on **10th September 2018** and is delivered on **Wednesdays & Fridays, 9:30am-4:30pm.**

Course covers...

- | Advise and consult with clients
- | Fulfil salon reception duties
- | Colour and lighten hair
- | Set and dress hair
- | Style and finish hair
- | Cut hair using basic techniques
- | Shampoo and condition the hair and scalp
- | Plait and twist hair
- | Perm and neutralise hair

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Cook up a career in

HOSPITALITY

NextStep >>>
Pre-Apprenticeship qualifications for school leavers

TQUK Level 2 Diploma in Professional Cookery

A **1 year study programme**
aimed at 16-18 year olds
interested in a career in
Hospitality.

Course starts on **10th September
2018** and is delivered on
**Wednesdays & Thursdays,
9am-4pm.**

Course covers...

- | Prepare cook & finish fish/meat/veg/
poultry dishes
- | Prepare cook & finish pasta/pulses dishes
- | Prepare hot/cold starters/soups/stocks
- | Prepare hot/cold desserts
- | Cake making/decoration skills
- | Dough/bread/pastry/biscuits/baking skills
- | Knife handling skills
- | Food safety

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