

Speedway training programmes for;

- Riders
- Mechanics
- Support staff

Speedway training

## Other Services

Poultec offers a range of services for employers which are tailored to complement our core training delivery. These include;

### Short courses

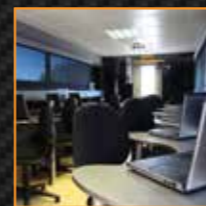
Poultec's team of industry specialists are able to offer a range of short course that can help you in offering a complete package or service. These include;

- First Aid
- Health and Safety
- Food Safety
- Hospitality

### Team Building

Poultec offers a suite of team leading courses designed to challenge the individual as well as the group as a whole. Facilities include

- High Ropes
- Segways
- Climbing Wall
- Archery
- Bocarts and more...



### Mobile Learning Vehicles

Poultec has invested in three training vehicles, enabling our tutors to take state-of-the-art learning and support facilities to any location. Each vehicle is a tailor-made learning environment, which can also be used for a variety of other purposes.

- **The IT Vehicle** is ideally suited for delivering IT based training in both the community and the workplace and contains high specification laptop computers which provide workstations for ten students and one tutor.
- **The Hospitality Vehicle** is a fully-functioning commercial kitchen on wheels.
- **The Information Vehicle** has been developed as a resource for providing information advice and guidance but can also double as a classroom or mobile office / meeting room.

Training is available in... | Business & Administration | Butchery | Customer Service | Contact Centre | Engineering | Food & Drink Manufacturing | Hair & Beauty | Hospitality & Catering | Information Technology | Leadership & Management | Poultry Production | Retail | Warehousing

Speedway training programme for personal development & professional development



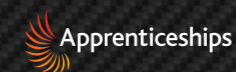
Speedway training

Speedway training programme

Tel: 01362 850983 | [www.poultec.co.uk](http://www.poultec.co.uk) | Email: [enquiries@poultec.co.uk](mailto:enquiries@poultec.co.uk)

Main Centre: South Green Park, Mattishall, Dereham, Norfolk, NR20 3JY

Engineering Centre: Unit 4, Henderson Centre, Ivy Way, Norwich, NR5 8BF



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# Speedway training

## Speedway training programme for personal & professional development

Apprenticeships, Traineeships and NVQs form the focus of development for many of the UK's leading businesses. Competence is assessed and knowledge developed in the workplace.

Poultec's team of assessors can bring knowledge and expertise to the training environment, providing companies with cost effective training solutions and individuals with a City & Guilds qualification to be proud of.

Poultec have developed a training programme for Speedway Riders to assist them to develop their professional career/business. To be successful your performance on the track needs to be supported by a professional setup off the track.

Note - current legislation requires all young people to remain in education or employment with training up to age 18.



personal and professional development

### Module 1 Media Studies/Communications

- Presentation skills
- Dealing with media
- Live interview techniques
- Marketing and PR
- Website development

### Module 2 Seeking Sponsorship

- Creating rider profile
- Sponsorship presentation/package
- Negotiating sponsorship deals
- Promoting your sponsors

### Module 3 Running a Business

- General accounting terms/rules
- Business registration
- Cash flow forecasting
- Profit and loss
- Taxation
- Insurance
- Work permits/Visa

### Module 4 BSPA - Speedway Rules and Regulations

- Referee
- Speedway Control Bureau
- ACU/FIM
- Rider code of conduct
- Contracts/licences

### Module 5 Sports Psychology

- Influence performance
- Maintaining high expectations for your performance
- Optimum sporting performance

### Module 6 Fitness & Sports Injuries

- Fitness programmes
- Dealing with injuries
- Protective/safety equipment
- Diet, healthy eating & nutrition

### Module 7 Representing your Team

- Club/country
- Team building
- Meet the team manager/captain
- Representing your club at events
- Club/rider School Links

### Module 8 Race set up & Track Directory

- Professional rider support
- Race set up
- Keeping records
- Engine tuning/set up
- Your support team
- Motorcycle maintenance

### Module 9 Racing Abroad

- What you need to know
- Planning and logistics
- International rules and regulations

### Module 10 Workplace Health & Safety

- Basic health and safety
- First aid
- Manual handling

### Module 11 Bike Maintenance/Engineering

- Tools & equipment
- Track data & settings
- Bike setup
- Engine systems and performance
- Fabrication and engineering of parts

### Module 12 Track Days

- Supervised training school with established riders to coach and mentor

Maths and English tuition is provided for trainees on Government funded programmes.

# Course content



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